



2009 - 2010 ANNUAL REPORT

Message from the Executive Director



Anne Holcomb, Executive Director, shown above at the food bank during the Letter Carriers' Food Drive, one of the biggest food drives of the year.

Food for People is pleased to share this report on our accomplishments for fiscal year 2009-2010. Our staff and volunteers have worked exceptionally hard during this time period to provide services to an increasing number of individuals and households who have been impacted by the economic downturn. Volunteers contributed almost 30,000 hour of their time last year, which represents the equivalent of 16 full time staff positions, and are to be commended for their efforts to ensure that no one in our community goes hungry. We are also grateful to our staff for researching and initiating new food distribution models to ensure that everyone is treated with dignity and respect. Last but not least, we would like to thank our generous community for providing the support necessary to keep our programs strong. Donations of money, food, time and resources have made it possible for us to respond when needed most.

This report provides highlights of the accomplishments within each of our programs. Please feel free to contact us if you would like more information or would like to get involved in our important work.

With gratitude,

A handwritten signature in black ink that reads "Anne Holcomb".

Anne Holcomb,
Executive Director

History of Food for People, Inc.

Food for People first opened its doors in 1979 as a small food closet, designed to fill a void in the County's social service programs. Our programs and services have grown and matured over the past 32 years, thanks to the generous support of the local community and the various grant making foundations that have provided funding for new and existing projects. Federal and state contracts specific to the distribution of USDA, FEMA and other purchased or donated foods provide approximately 30% of our annual funding. We rely on grants and local donations for the remaining 70%, which makes it possible for us to provide food for 10,000 to 12,000 low income children, families, seniors, people with disabilities and other individuals each month. According to data provide through the California Health Interview Survey, Humboldt County has one of the highest rates of hunger and food insecurity statewide.

The programs offered by Food for People are intended to serve as a safety net for those whose circumstances have left them at risk of hunger and food insecurity. Our goal is to provide individuals and households with the emergency and supplemental food they need, while working to address the root causes of hunger in our county.

Food for People, Inc. is designated as the Food Bank for Humboldt County.

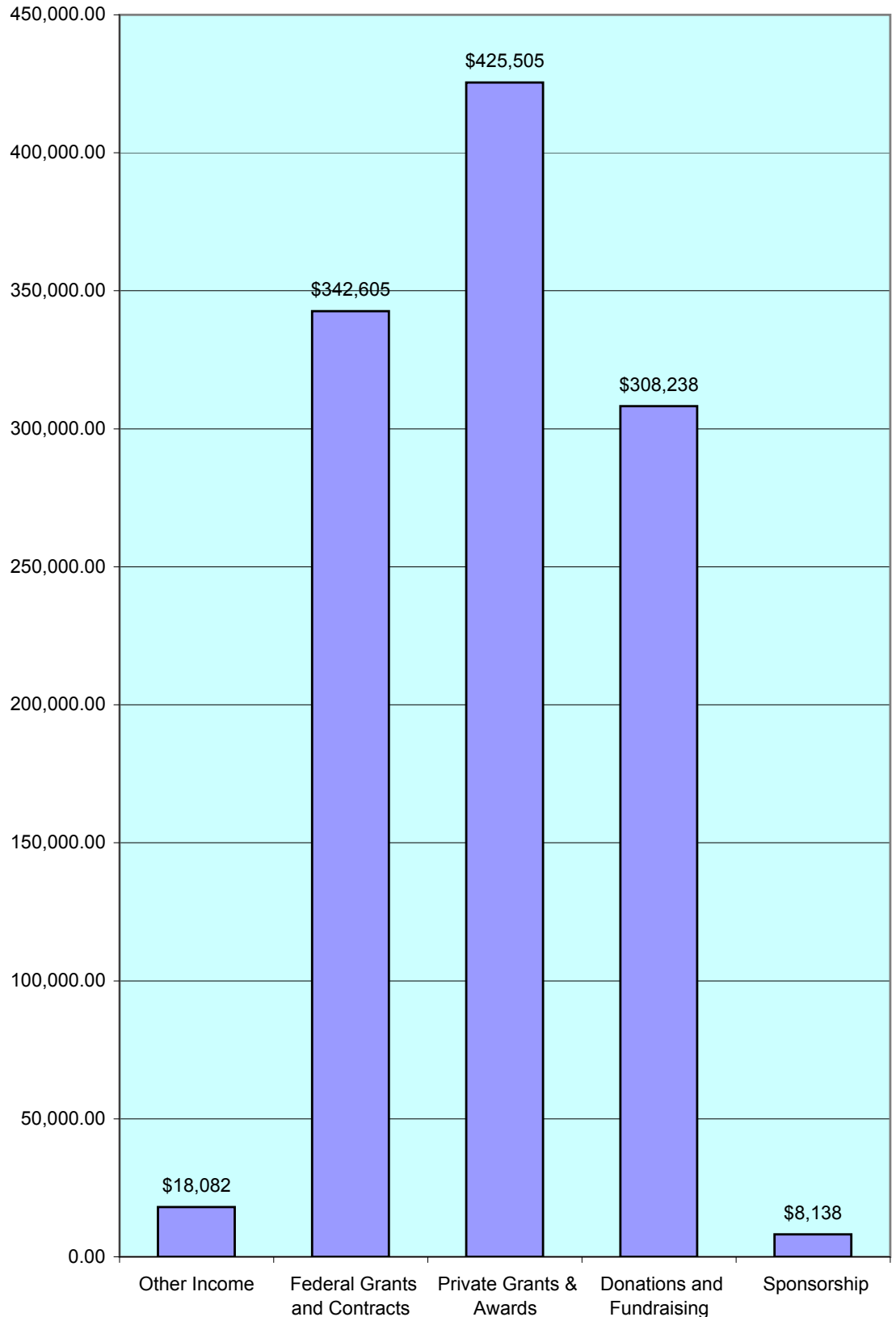
Our Mission

Food for People is working to eliminate hunger and improve the health and well being of our community through access to healthy and nutritious foods, community education and advocacy.

Our Vision

We envision a community where no one is hungry and everyone in Humboldt County has access to good quality, nutritious food. Everyone in the community understands the consequences of hunger and poor nutrition and that each one of us has a role to play in creating a strong, healthy community.

2009 - 2010 Funding



Food for People, Inc.
Statements of Financial Position
As of September 30, 2010

	Sep 30, 10
ASSETS	
Current Assets	
Cash and Cash Equivalents	353,445.00
Accounts Receivable	161,474.00
Food Inventory	107,271.00
Prepaid Expenses	17,055.00
Total Current Assets	639,245.00
Fixed Assets	
Property, Equipment and Improvements	502,613.00
Total Fixed Assets	502,613.00
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Total Assets	1,141,858.00
 LIABILITIES & NET ASSETS	
Current Liabilities	
Accounts Payable	21,287.00
Accrued Expenses	9,670.00
Deferred Revenue	221,994.00
Unearned Donations - Inventory	75,433.00
Long Term Liability	59,576.00
Total Liabilities	387,960.00
Net Assets	
Unrestricted Net Assets	681,521.00
Net Income	72,377.00
Total Net Assets	753,898.00
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Total Liabilities & Net Assets	1,141,858.00



Our Values

Integrity

We will demonstrate the highest ethical standards in all interactions.

Stewardship

We will be accountable to all through the efficient and most appropriate use of resources entrusted to us.

Teamwork

We will foster cooperation among our diverse volunteers, staff and community partners.

Respect

We will treat all our relationships with respect.

Innovation

We will continually seek to provide excellent service through the development of new and improved methods to reduce hunger.

Empathy, Passion, Empowerment

We encourage and support the best in ourselves and those we serve.

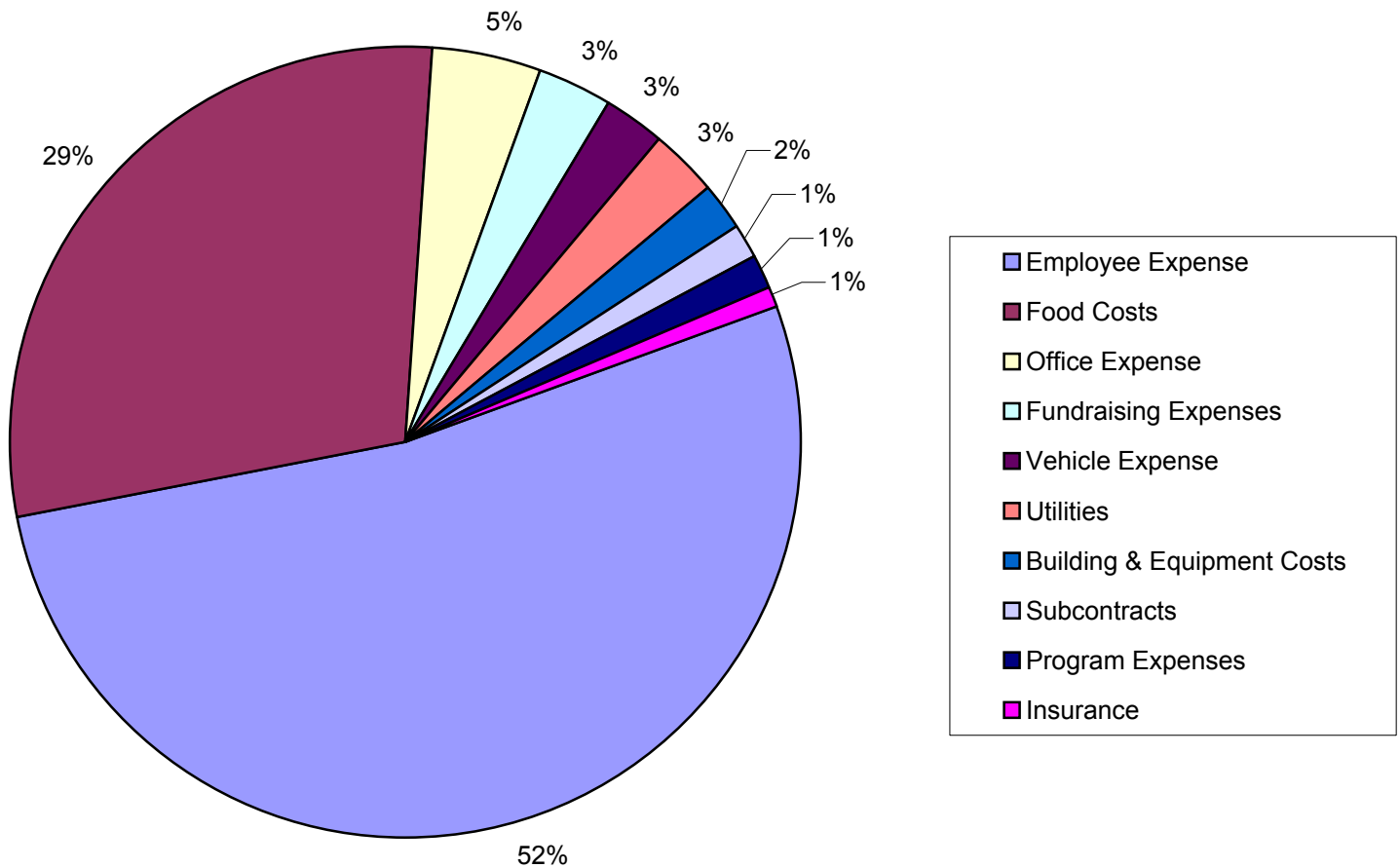


Ready for Senior Brown Bag distribution day!

BOARD MEMBERS

- Judy Anderson, *President*
- Felicia Oldfather, *Treasurer*
- Theresa Malloy, *Secretary*
- Gail Hamilton
- Melanie Williams
- Annie Bollick-Floss
- Jessica Osborne-Stafsnes
- Beverly Olson

Food For People 2009-2010 Expenses





Volunteers and community offer support throughout the year. Thrill of the Grill is a spring BBQ Benefit for our Child Nutrition Programs.

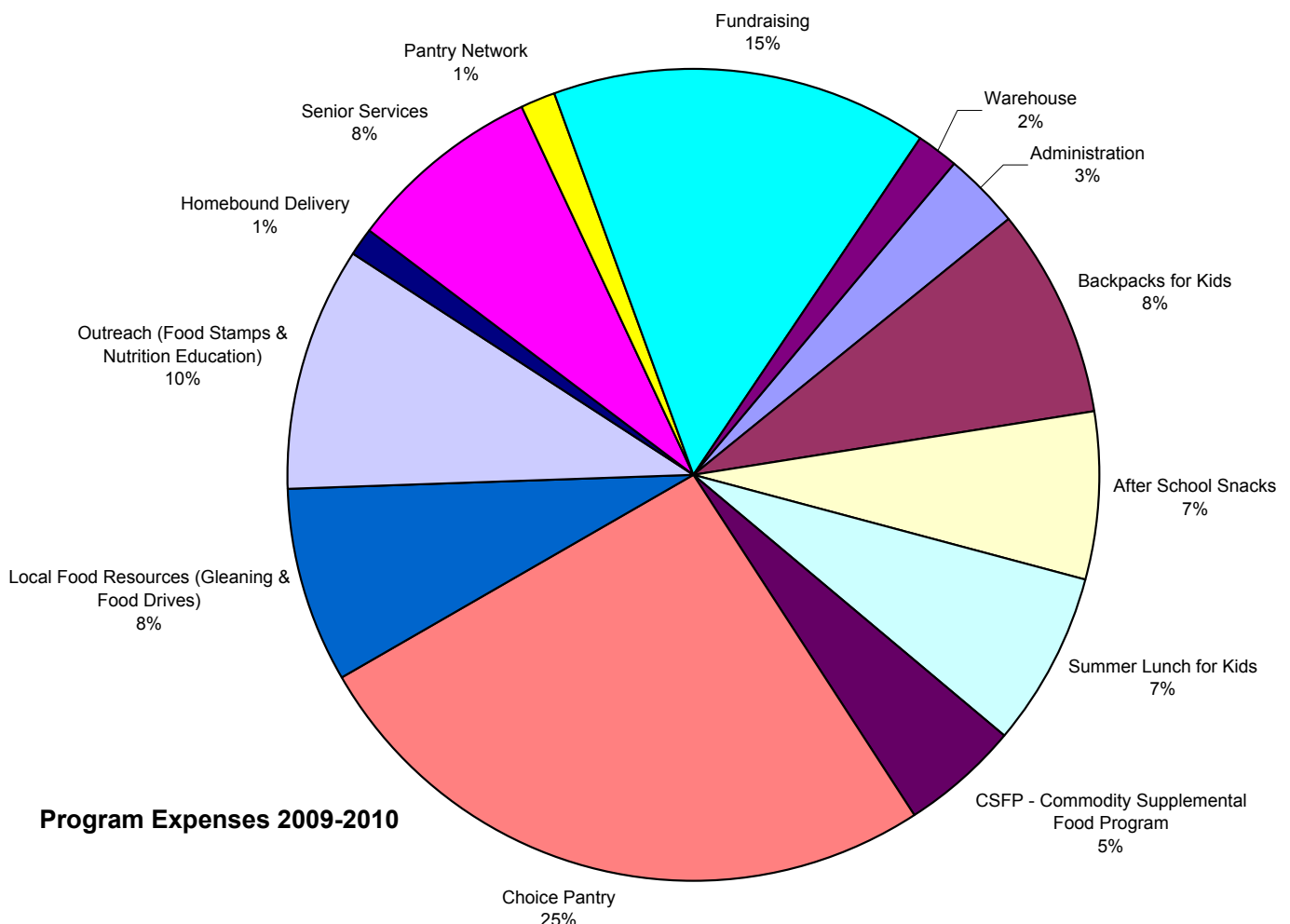
Food for People, Inc. currently operates a total of 12 programs, each of which is designed to address the needs of those who are experiencing hunger and food insecurity. Last year, our food bank received and distributed more than 1.4 million pounds of food.

Our programs include the following

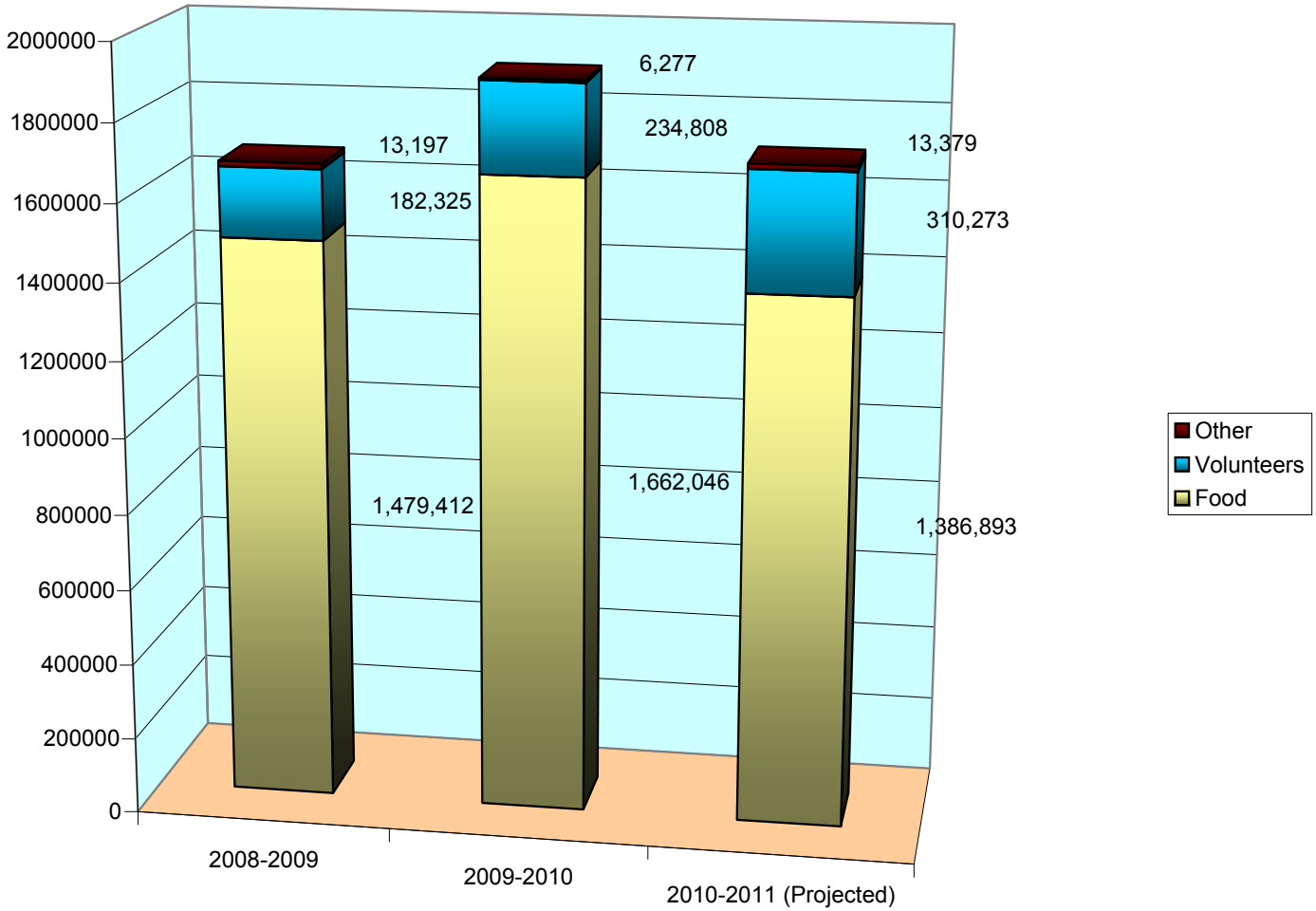
The Food Bank coordinates the distribution of food through all designated program areas, and also oversees the direct distribution of food through our Choice Pantry to up to 1100 families or households each month. The Choice Pantry style of food distribution allows folks to shop through our pantry and select the foods they want and need, so none goes to waste. Shopping is based on a

nutritional point system to ensure that everyone gets a balance of foods across the entire food pyramid. Last year we provided a total of 9,915 shopping trips in the Choice Pantry and 1,000 Emergency Boxes.

Our Emergency Food Pantry Network provides food for 17 pantries and 3 congregate meal programs (soup kitchens) located throughout Humboldt County. 71,495 people were served collectively through all pantries this year, and 113,988 people were served by congregate meal sites in our net-



In-Kind Donations 2009-2010



work. Food for People monitors each site, and provides technical assistance, as needed.

The Senior Brown Bag Program has been in operation since 1987, and currently provides a bag of groceries for up to 500 low-income senior households each month. Volunteer drivers deliver bags to those who are unable to pick up their own food.

Our Homebound Delivery Program currently provides a monthly bag of groceries for 80-90 adults under age 60 who are too ill or disabled to leave their homes. Some of our recipients are recovering from surgery, while others may be coping with a terminal illness. Referrals are accepted from doctors, hospital discharge planners, social workers, home health workers, etc.

The Commodity Supplemental Food Program provides a 30-40 pound box of nutritious food monthly for up to 340 program participants. Our target population includes income-eligible seniors, pregnant or nursing mothers and children up to age 6 who are not enrolled in WIC (Women, Infants and Children program).



Our Children's Summer Lunch program provided over 12,790 lunches for kids last summer at 19 different sites throughout Humboldt County.

The Summer Food Service Program, also known as the Children's Summer Lunch Program, distributed 12,797 lunches at 19 community sites last summer. Free sack lunches are provided to low income children whose families cannot afford the additional cost of the extra meals once school is out. The children served qualify for free or reduced-cost breakfast and lunch during the school year.

The After School Snack Program was initiated in October 2006 and provides healthy snacks in after school settings at various schools and youth programs for up to 400 children per day. Many of the sites are also partners in the summer lunch program. Last year we provided 51,444 after school snacks at eight sites.

The Backpacks for Kids program provides a backpack filled with kid-friendly food every Friday during the school year for children who are considered at risk for hunger over the weekend. Last year, the program served 234 children at 9 schools throughout Humboldt County and we are hoping to serve 500 children in the 2010-2011 school year.

The Nonprofit Food Network makes it possible for 28 local nonprofit organizations providing residential, rehabilitation or after school programs to access food obtained through the Feeding America network at a low, per pound cost. Food must be used by programs serving only low income children and adults.

The Emergency Food and Disaster Program links Food for People with our local chapter of VOAD, Volunteer Organizations Active in Disaster. Should a disaster strike Humboldt County, Food for People would work with other local groups to make food available to any community experiencing hardship.

Local Food Resources Programs include the Gleaning Program which accessed 91,936 lbs of donated fresh produce from commercial farms, orchards and backyard gardens; the "Plant a Row for the Hungry" campaign, which encourages backyard gardeners to plant an extra row of food to donate to a local food pantry; and community Food Drives through which our community donated 172,157 lbs of nonperishable food.

Community Education and Outreach Programs include Hunger 101, a hands-on curriculum designed for children and adults of all ages which provides insight into the tough decisions low-income households face daily when trying to obtain adequate nutrition. Our Food Stamp (now known as CalFresh) Access Outreach Project advocates for the elimination of bureaucratic barriers to food stamps for working families and seniors and helps to enroll folks in the Food Stamp Program. More than 300 individuals received application assistance in 2009-2010 and thousands more received information about the program. Cooking and nutrition classes are offered monthly at the Eureka Coop demonstration kitchen, and at various sites county-wide. Recipes are distributed in monthly food boxes and food demonstrations and taste testing activities are offered on a regular basis to promote the link between nutrition and health status.

Food for People, Inc.
The Food Bank of Humboldt County
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(707) 445-3166 www.foodforpeople.org

