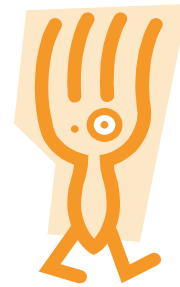


BUDGET WORKSHEET



Hunger 101

Use the information from your profile to complete this worksheet.

1. Your Name(s): Vivian McNab
2. Total number of household members: 3
3. Monthly income : \$1739

Monthly Expenses

- | | |
|--|----------------|
| 4. Rent or Mortgage | <u>\$0</u> |
| 5. Child Care | <u>\$0</u> |
| 6. Utilities | <u>\$250</u> |
| 7. Transportation | <u>\$554</u> |
| 8. Medical Expenses | <u>\$130</u> |
| 9. Miscellaneous Expenses | <u>\$595</u> |
| 10. TOTAL MONTHLY EXPENSES
(add lines 4 through 9) | <u>\$ 1529</u> |

To calculate money for food for your family for one day:

- | | |
|---|---------------|
| Monthly Income (line 3) | <u>\$1739</u> |
| Minus total monthly expenses (line 10) | <u>\$1529</u> |
| Equals money left over for food each month: | <u>\$210</u> |
| Divide by 30 days to calculate daily food budget: | <u>\$7.00</u> |

**You need to feed your family of three..3 meals each today...with \$7
How?**