Use the information from your profile to complete this worksheet.

1. Your Name(s): Vivian McNab

2. Total number of household members: 3

3. Monthly income: $1739

**Monthly Expenses**

4. Rent or Mortgage: $0

5. Child Care: $0

6. Utilities: $250

7. Transportation: $554

8. Medical Expenses: $130

9. Miscellaneous Expenses: $595

10. TOTAL MONTHLY EXPENSES
    (add lines 4 through 9): $1529

To calculate money for food for your family for one day:

Monthly Income (line 3): $1739

Minus total monthly expenses (line 10): $1529

Equals money left over for food each month: $210

Divide by 30 days to calculate daily food budget: $7.00

You need to feed your family of three...3 meals each today...with $7 How?